



Personal Choice

The Personal Choice program is a self-directed option for Medicaid long-term services and supports (LTSS) for people who want to get care while continuing to live at home. Self-directed means that the person chooses who provides their care and when. Medicaid beneficiaries who select this option manage their service budget, how much their caregivers are paid within certain limits, and decide the type of training they receive.

Personal Choice includes a specific set of Medicaid services including personal care, homemaker and chore services, self-directed goods and services, and supports. The State has contracts with several community agencies that assist a beneficiary participating in the program with developing a plan of care, managing services, and paying the caregiver they choose.

How to receive services

To participate in the Personal Choice program, a person's LTSS needs must be assessed and a plan of care must be developed with the assistance of the community agency helping to oversee participating beneficiaries.

- A beneficiary selecting the Personal Choice program takes on the role of an employer. The caregiver they choose acts as their employee. An LTSS specialist from a community agency works with the beneficiary to develop a monthly budget that covers the cost for their plan of care and conducts a follow-up at least quarterly to monitor the scope and quality of services being provided.
- A community fiscal agency helps the beneficiary manage the service budget and pay the caregiver. The agency also conducts background checks of the caregiver chosen to make sure there is no criminal record.

Who is Eligible?

- **Adults 18-64 with disabilities, and anyone 65 and older who is eligible for Medicaid LTSS**
- **The Personal Choice program is for Medicaid LTSS beneficiaries only**

For more information about Personal Choice contact 401-462-6393 or one of our community partner agencies:

- **AccessPointRI 401-941-1112**
- **Seven Hills Rhode Island 401-229-9700**
- **Tri-County 401-351-2750**

This is a service offered by the **Rhode Island Executive Office of Health and Human Services (EOHHS)**.

