

## **Adult Day Services**

Adult Day Services are communitybased services provided by statelicensed Adult Day Centers that are approved to provide services to Medicaid-eligible residents who have been approved through the Executive Office of Health and Human Services (EOHHS) or the Office of Healthy Aging (OHA). Adult Day Services are also available for persons who are not eligible for Medicaid or OHA public programs and are able to pay for services with their own income and resources or with assistance from another payer.

This program is designed to offer a safe environment during the day. The services an Adult Day Center may provide include nursing supervision, medication management, meals and snacks, therapeutic activities, and personal care assistance. There are also several Adult Day Centers that offer specialized care for dementia and related disorders. The scope of services an individual receives is based on an assessment of needs and a person-centered care plan which they develop with an agency, health plan, or a Center of choice's assistance. Adult Day Services are an important home and community-based service option for people who need a supportive environment during the day in a setting that offers the opportunity for social interaction as well as assistance managing their health and day-to-day activities.

## How to receive services

- Once you have received assistance from the POINT and/or have a Center in mind, apply directly to the Adult Day Center of your choice. The Center will assess needs and seek @Home Cost Share program or discuss your private pay options.
- The Adult Day Center provides ongoing case management, services, and help with coordinating linkages to other community-based services.

## **Related services**

 Additional home and community-based services may also be available depending on a person's needs. All services will be coordinated to work together.

## Who is Eligible?

- Adults 18-64 with disabilities, or anyone 65 and older who is eligible for Medicaid or OHA community services
- If Medicaid-eligible, a person must have approval from the EOHHS, Office of Community Programs
- If not receiving Medicaid, a person may be eligible for Adult Day Services through the OHA @Home Cost Share program

For more information about Adult Day Services and the Centers and your possible eligibility for State-funded services, please start by calling The POINT at 401-462-4444.

